



Kamesei Ryokan  
**亀清旅館**  
 Tel (026)275-1032



Spiritual Mountain, Soba and ... Ninjas!

## TOGAKUSHI 戸隠

Transit Time Schedules (Effective 12-Dec 2020 ~ 31-March 2021)

From Kamesei Ryokan (Togura Station) to Togakushi 亀清旅館(戸倉駅)から戸隠へ						
Togura 戸倉	Via	Nagano 長野駅		Via	Togakushi-Chusha 戸隠中社	Togakushi Ski-jo 戸隠スキー場
		Arrival 着	Departure 発			
7:26		7:53	8:20	#70	9:24	9:37
7:53		8:21	8:30	#70	9:34	9:47
8:51		9:19	9:40	#70	10:44	10:57
9:49		10:10	10:40	#70	11:44	11:57
10:44		11:10	11:30	#70	12:34	12:47

From Togakushi to Kamesei Ryokan (Togura Station) 戸隠から亀清旅館(戸倉駅)へ						
Togakushi Ski-jo 戸隠スキー場	Togakushi-Chusha 戸隠中社	Via	Nagano 長野駅		Via (Dest.終点)	Togura 戸倉
			Arrival 着	Departure 発		
12:20	12:30	#70	13:38	13:45	Komoro	14:10
13:20	13:30	#70	14:38	15:12	Komoro	15:37
14:20	14:30	#70	15:38	16:13	Komoro	16:38
15:10	15:20	#70	16:28	16:43	Komoro	17:09
16:10	16:20	#70	17:28	17:39	Komoro	18:05
16:50	17:00	#70	18:08	18:41	Komoro	19:06
17:10	17:20	#70	18:28	18:41	Komoro	19:06

赤い文字 In Red 12/26~3/28 土日祝 Sat./Sun./Hol. +12/29~31 +2/08

"Togakushi-Chusha" Bus Stop 戸隠中社バス停 ¥1,350 (¥2,400rt; Year-round通年)

\*Chusha Shrine: One of Togakushi's 5 Shrines, houses the goddess of wisdom, a key player in Japan's Creation myth.

\*Walk to Kagami (Mirror) Pond: Approx. 2km walk to this pond with a classic view of Togakushi Mountain, often reflected in the pond's water.

\*Suggested Soba Restaurant: Yamaguchi-Ya (features a spectacular view of Togakushi Mountain as well as 'ninja soba')

"Togakushi Ski-jo" Bus Stop 戸隠奥社入口バス停 ¥1,500 (Winter only 冬期のみ)

\*Suggested Soba Restaurant / Snow Shoe Rental: Togakure Kichi (Base). Friendly English service.

Shinano Railway

しなの鉄道

Togura - Nagano Sta.



Kawanakajima Bus (Alpico) Highland Shuttle

川中島バス(アルピッコ)ハイランドシャトル

Nagano Sta. - Togakushi

**Note:**

Bus Stop #7 in front of Nagano Station Zenkoji Exit.

(Exit to the left, cross street, bus stop to the left.)

Ticket Office ("Alpico") located next to bus stop.